



Get Outside
THERAPY SERVICES

**See if you can find all
20 things on our hike!**



Get Outside

THERAPY SERVICES



Contact Us!

GetOutsideTherapy.Org

(615) 624-0465

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Get Outside Therapy Services offers nature-based **occupational therapy** services to children and adults in Nashville and the surrounding areas! Using the outdoors as our therapy space, we work on building independence and confidence in daily routines, feeding and eating, and sensory regulation challenges. Schedule a free, 15-minute consultation today to see how Get Outside Therapy can serve you!

